



P.O. Box 38
Labrador City, NL

A2V 2K3
Tel.: (709) 944-5842

menihék@nf.aibn.com
www.menihéknordicski.ca

**CANADA 150
CROSS COUNTRY KIDSFEST
LABRADOR CITY, NL
FEBRUARY 25 - 26, 2017**

You are invited to participate in the Canada 150 Kidsfest...

The objectives of the Canada 150 Kidsfest is to:

- Bring young skiers together for a memorable and enjoyable weekend of cross country skiing and fun.
- Come together as a community to encourage achievement through team effort.
- Meet the needs of a wide range of skill levels.
- Encourage good ski technique.

Local Contact: Rhonda Lawrence 709-944-5842 nordicski@nf.aibn.com
Charlotte Walker 709-280-1817 walker@nf.aibn.com

The Kidsfest Partnership is excited to host this weekend event.
Menihék Nordic Ski Club welcomes you all to our ski trails.



CANADA 150 



Canada 150 Cross Country Kidsfest



Event	Canada 150 Cross Country Kidsfest
Dates	February 25-26, 2017
Place	Menihek Nordic Ski Club, Labrador City
Websites	www.meniheknordicski.ca Canada 150: Labrador West site
Sanction	CCNL Ski Association
Chief of Race	TBD
Race Secretary	Charlotte Walker: 944-5842(work) Menihek Nordic Ski Club P.O. Box 38, Labrador City, NL A2V 2K3 walker@nf.aibn.com
Eligibility	Competitors must pay the full \$20 weekend fee and sign CCNL waiver.
Registration & deadlines	Registration is online at www.zone4.ca . All entries must be received online by: 8pm Friday February 24th, 2017 Registration opens on January 24, 2017
Registration Fees	All levels: \$5.00/day per participant Banquet: \$5.00 per person Entry fees are payable online at www.zone4.ca
Draw	February 24 th @ 8 pm at Menihek Nordic Ski Chalet Bib pickup will be on the morning of the races starting at 9:00am
Coaches Meeting	February 24 th @ 8:30pm at Menihek Chalet & Sat. February 25 th @ 3 pm
Awards	Awards Saturday races will be presented at the banquet. Awards for Sunday races at the Menihek Nordic Ski Club stadium, following the activities.
Banquet	Saturday, February 25 th at 6:00 pm @ Menihek Nordic Ski Club, Everyone welcome. Cost \$5. Purchase Tickets on www.zone4.ca when you register.

	Some tickets available at the Chalet.
<p>Accommodations</p> <p>If people experiencing problems reserving accommodations please contact the race secretary Charlotte Walker walker@nf.aibn.com 709-944-5842</p>	<p>*Two Seasons Inn: 709-944-2661 Toll-free: 1-800-670-7667 Website: twoseasonsinn.com</p> <p>*Wabush Hotel: 709-282-3221 Email: wabushhotel@nf.aibn.com</p> <p>Northern Inn & Suites (New) Ten Hospitality Suites available 709-944-2425 e-mail northerninn@crstv.net</p> <p>*Twin Cities B & B: 709-944-2875</p>
Car Rental	<p>*Enterprise: 709-944-7918 Toll Free: 1-844-307-8009 enterprise.ca</p> <p>*Budget: 709-282-1234 Toll Free: 1-800-268-8900</p>
Travel Subsidy	<p>Please find below links to travel subsidy policies and application offered by CCNL: JUNIOR DEVELOPMENT CLAIM FORM FOR CLUB SUBSIDY Funds available for Labrador Clubs ground transportation ONLY.</p>

Canada 150 Cross Country Kidfest Event Schedule

Saturday (Feb. 25th) → Classic Ski Day

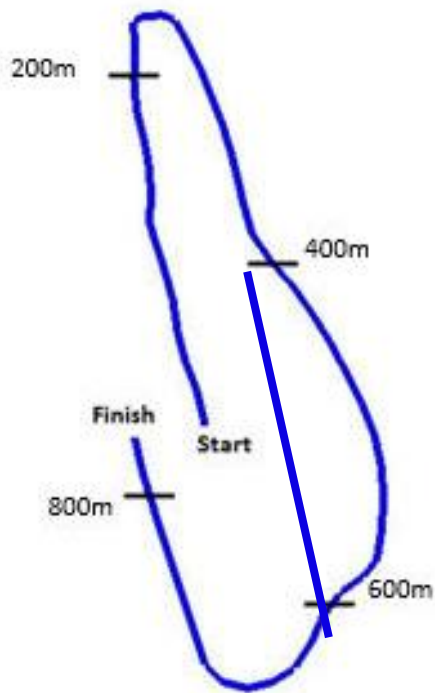
8:30 am	Coaches Meeting	
9:00 am	Bibs available for Pick-up	
10:00 am	Opening Ceremonies & Participant Warm Up	
10:15 am	Classic Relay beginning with Novice	Mass Start
	<i>Novice 150 m</i>	
	<i>Atom 150 m</i>	
	<i>Peewee 2x150 m</i>	
	<i>Mini Midget 2x150 m</i>	
	<i>Midget 3x150 m</i>	
11:00 am	Classic Individual Race beginning with Novice	Individual Start
	<i>Novice 300 m</i>	
	<i>Atom 450 m</i>	
	<i>Peewee 1.6 km</i>	
	<i>Mini Midget 2.4 km</i>	
	<i>Midget 2.5 km</i>	
12:00 pm	Lunch in the Stadium	
1:00 pm	Team Challenges	
	<i>3-legged ski race, jumbo ski race, tug of war, egg race on skis, timed obstacle course</i>	
3:00 pm	Coaches Meeting	
6:00 pm	Banquet at Menihek Nordic Ski Club Chalet	

Sunday (Feb.26th) → Freestyle Ski Day

Novice and Atom Participants wear Classic Equipment

9:00 am	Bids available for Pick Up	
10:00 am	Official Start & Warm Up	
10:10 am	Novice 100 m Sprints	Modified Start
10:30 am	Atom 100 m Sprints	Modified Start
10:40 am	Peewee, Mini Midget & Midget 200 m Sprints	Modified Start
	<i>Break – Novice and Atom Participants will cheer on Freestyle Races</i>	
11:00 am	Peewee Freestyle 1.6 km	Individual Start
11:10 am	Mini Midget Freestyle 2.4 km	Individual Start
11:20 am	Midget Freestyle 2.5 km	Individual Start
	<i>Break</i>	
12:00 pm	Pursuit Fun Challenge (all participants)	Mass Start
12:30 pm	Lunch	Stadium
1:30 pm	Presentations and Closing	Stadium

Kidsfest Race Course



Mini Midget and Midget Course Profile

